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# Instant Pot CookBook For Vegetarian Legends: Electric Pressure Cooker Guide Through The Best Vegetarian Recipes Ever (vegetarian, Instant Pot Slow Cooker, ... Lunch, Dessert, Dinner, Snacks, SERIES 2)



## Synopsis

Need of every VEGAN LEGEND who is looking for only great, healthy and tasty recipes in everyday life Today only, get this bestseller for limited time discount of only \$2.99. Regularly priced at \$6.99. Read on your PC, Mac, smart phone, tablet or Kindle device or get your PRINT version.-

Eating vegetarian food is really helpful, most of people heard of enormous benefits it can bring, grab the book for your self and find out the benefits in the form of great taste, staying fit and feeling healthy! Eat just great food by simply using the recipes from the book. Here Is A Preview Of What You'll Learn... The Vegetarian Plan Vegetarian Breakfasts Vegetarian Lunches Vegetarian Dinners Sauces, Salsa, & More Snacks and Desserts Much, much more! Download your copy today! Take action today and download this book for a limited time of only \$2.99! Check Out What Others Are Saying... Teko "Having a good recipe book that works for you is not easy to find and I'm just glad that I like this Instant Pot Cookbook for Vegetarian Legends. Being vegetarian, I like trying new dishes as long as it's about vegetables and surely these dishes and their taste are really good."-Ocean "The goal of this book is to provide you with the information you can use right away to help you save time preparing meals. Becoming a vegetarian has become more appealing and accessible, because of the year-round availability of fresh produce, more vegetarian dining options, and the growing culinary influence of cultures with largely plant-based diets."-Travon Walter "This is very good book study about the Instant Pot cookbook. This is very helpful guide book for cooking. Its very informative book for everyone. This book will encourage you to try and enjoy vegetarian recipes which are really tasty and definitely good for your health. I most definitely endeavored these equations and I assume that this book would get recognized generally. They were also unique and look delicious. I am planning to include some of them in my diet program which I started for a month now. I highly recommended this book to everyone."

## Book Information

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## Customer Reviews

A complete book to become a healthy you! If you're a vegetarian eater then you should buy this book now!

Tasty recipes and all kinds of food. I really enjoy cooking now. Thanks

This book is a must-have for any Vegetarian Legends. I've really enjoyed this cookbook. This is an amazing recipe book with great information on how to properly use your Instant Pot! I found this book very easy to follow and have tried a number of the recipes with success. Eating vegetarian food is really great and healthy, most of people heard of enormous benefits it can bring.

Too many expensive and lame ingredients

This book will encourage you to try and enjoy vegetarian recipes which are really tasty and definitely good for your health. The author briefly discussed the importance and benefits of having a vegetarian lifestyle. You will learn also that you can get enough iron by eating veggies. Recipes are all delightfully delicious.

Excellent cookbook! Enhanced the utility of the Instant Pot Pressure Cooker I received as a gift, also through . If you own an Instant Pot, this book should be part of your library. Great recipes and, if you're a new user to pressure cooking, lots of helpful information. Highly recommend.

I really love the range of recipes in this cookbook. The author has included several different ways to

make popular recipes so you can find the one your family loves best. For those that are new to the Instant Pot, the safety first section is very helpful as well. This is a great choice for someone who has just received an Instant Pot and isn't sure what to make with it. Really useful book for every vegetarian out there.

No page numbers listed in index and some recipes listed in the index do not appear in the text. Really a botched job. Avoid this one.

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